About Mary Claire O'Neal

An internationally known author of the book, *Becoming What You Want to See in the World*, speaker and consultant, Mary Claire O'Neal has been helping people in professional and personal development for over 15 years through keynotes, workshops and consulting in the art of effective communication, joyful living, and life balance. Her diverse work experience includes mental health educator, manager, professional Equity actor/director, and business owner.

What They Are Saying. . .

"Your presentation was so insightful and engaging. . . the points you made are ones that will make us better managers, better listeners and more effective business people."

Leanna Comer, Vice President, Preston Osborne

"Valuable information presented in an entertaining method! Mary Claire charmed the audience with her stories, humor and enthusiasm. She is a gifted, charismatic professional who is committed to excellence." Bill Caywood, Seminar Coordinator

"Excellent. Your session gave me an expanded sense of what is possible in communication and life!"

Anita Courtney, Public Health Consultant and Author

"Mary Claire's presentations mirror the joyful and spirit-filled approach she takes to the world, and she shows us how we can create that in our own lives." Paul Sanders, Corporate CEO

"Your workshop helped me communicate my words from my heart, not just my head."

F. Turley, Administrative Assistant

Partial List of Clients...

Toyota Motor Manufacturing, USA

Preston • Osborne

T-Mobile

Flaget Memorial Hospital

Quest Engineers

U.S. Veterans Administration Medical Centers

Cardinal Hill Hospital

International Assoc. of Administrative Professionals

University of Kentucky

Women in Science and Medicine

Wells Fargo

National Council of Negro Women

St. Joseph Hospital

University of Louisville

The Pritchard Committee

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